

Dear Angels Among Us Participant...

Thank you for joining us for the 21<sup>st</sup> annual Angels Among Us 5K Run and 3K Family Walk. We hope the following information will be helpful to you.

**Online Registration Closes April 24<sup>th</sup>:** Encourage friends and family to register and donate online as soon as possible. You may register at the event and you may donate online all year long.

**NOTE:** online donations received after April 24th will not be counted in your 2014 team total, but will be added to your 2015 team total.

**Parking:** Parking is available at the corner of Erwin and Anderson and in the Duke Clinic parking deck on Trent Drive. The handicap parking entrance is at the corner of Erwin and Flowers. See website for map. [www.angelsamongus.org](http://www.angelsamongus.org)

**Food Trucks:** This year Angels has invited food trucks from around the Triangle to sell their delicious cuisine to everyone attending the event. This change came from the increased volume of participants on event day, and that Chick-fil-A could not keep up with the large demand of sandwiches. Not to worry, Chick-fil-A will be a vendor selling their yummy sandwiches.

Please note that many of the food vendors accept cash only, so be sure to bring cash along with your credit card. We hope you'll enjoy the assortment of wonderful food items offered all day. Drinks will still be available free of charge.

**No Pets:** Due to an incident at the event last year, and because of liability issues we can no longer allow pets at the event. NOTE EXCEPTION: working service dogs are allowed.

**5K Registration and Packet Pick-Up: April 23rd and 25th:** Please take advantage of the packet pick-up locations to help with long registration lines on Saturday morning; you may also register during this time. For large teams, if you are picking up more than 20 packets/t-shirts for your team, please let us know by Tuesday, April 22nd so they are ready when you arrive. Send your team list to Mary Woodall at [mary.woodall@duke.edu](mailto:mary.woodall@duke.edu). And, please let your team members know that you are picking up their packets and t-shirt.

Packet pick-up information:

- [Omega Sports](#) - North Hills Shopping Center, 4120 Main Street at North Hills, Raleigh, NC, on Wednesday, April 23rd, from 5:00 – 7:00 PM.
- [ActivEdge Fitness and Sports Performance](#) - the Gold Center Shopping Center, 4221 Garrett Road, Suite 2, in Durham, on Friday, April 25<sup>th</sup>, from 4:00 – 8:00 PM.

**Team Photo:** Have you asked your team captain what time your team will taking their picture?

**Where to Meet your Team:** A "Team Tent" will be set up next to the "Walk Registration Tent" as a convenient place for teams to meet. Do you know where to meet your team?

**Survivor's Tent & Activities:** The "Survivor Tent" is located next to the stage. Staff from the BT Center will be there to greet our survivors and present them with their survivor t-shirt and bandana.

- **T-shirt and Bandana:** All survivors should sign in at the survivor's tent to receive a t-shirt and bandana.
- **Faces of Hope/Photo:** We are creating a "Faces of Hope" album for the Duke Brain Tumor Clinic. If you would like to have your photo taken and tell us what hope means to you, please check in at the Survivor's tent and schedule your photo.
- **Survivor Walk:** All survivors should be at the stage area at 10:30 AM. They will be asked to come on stage for our pre-walk ceremony and will lead the walk.
- **3-Words:** A videographer will capture "your life (as a survivor) in three words". Each word should be written on a separate piece of paper and large enough to be read easily. You may bring the three words to the event already prepared or we will have supplies available for you.

Note: there is no audio on the video. Survivors may do this alone or with any amount of people you want in the video. The video will be posted on the Angels website. Here are examples of "your life (as a survivor) in three words": "Brain Tumors Suck" "Hope Is Everything" "Celebrate Each Day"

**Wall of Honor & Remembrance:** The Wall of Honor & Remembrance will be set up for you to celebrate your survivor or the life of your loved one. You may post pictures, poems, stories...whatever you would like to place on the wall to celebrate their life. We ask that you take your precious mementos with you when you leave the event. We would not want to see them thrown away.

**Little Angel Recognition:** "Little Angels" is a program allowing children age 12 and under to play a special role in Angels Among Us. Children find creative ways of raising money and a ribbon and/or a medal for their efforts. For details, check the website under "Little Angel Recognition". For questions, contact Paula Green, at [lg2104@frontier.com](mailto:lg2104@frontier.com).

**Researcher's Tent:** Duke Researchers will be at the event to meet our patients and families to discuss the important work they are doing – thanks to the generosity of our Angels Among Us families. Their tent will be located close to the main stage area.

**T-shirt Contest:** Awards will be given to five teams with the most creative t-shirt! The judges will be in the crowd checking out your shirts... but, if you want to make sure your shirt is seen by the judges, email a picture of your team shirt (front and back) to Lynn Hoefle at [lynn.hoefle@duke.edu](mailto:lynn.hoefle@duke.edu). The winning t-shirts will be announced after the walk.

**Silent Auction:** Let your team members know we will have a wonderful silent auction available again this year. Come prepared to place a bid.

Please let me know if you need any assistance. Angels Among Us is successful because of your dedication and hard work. Thanks so much for all you do to help support brain tumor research at Duke.

Ellen Stainback  
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